

Idaho School Benefit Trust PPO

Summary of Benefits and Coverage: What this Plan Covers & What You

Pay For Covered Services

Coverage Period: 9/1/2020 - 8/31/2021

Coverage for: Enrollee + Eligible Dependents | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. Note: Information about the cost of the plan (called the contribution) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit https://members.bcidaho.com/my-account/my-account-my-contract.page. For general definitions of common terms, such as allowed amount, balance billing, cost sharing, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-800-627-1188 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall Deductible ?	\$1,000 person/\$2,000 family.	Generally, you must pay all of the costs from <u>Provider</u> s up to the <u>Deductible</u> amount before this <u>Plan</u> begins to pay. If you have other family members on the <u>Plan</u> , each family member must meet their own individual <u>Deductible</u> until the total amount of <u>Deductible</u> expenses paid by all family members meets the overall family <u>Deductible</u> .
Are there services covered before you meet your Deductible ?	Yes. Pharmacy, services that require <u>Copays</u> , immunizations or <u>In-Network</u> hospice care and <u>Preventive Care</u> are covered before you meet your <u>Deductible</u> .	This <u>Plan</u> covers some items and services even if you haven't yet met the <u>Deductible</u> amount. But a <u>Copayment</u> or <u>Cost</u> <u>Sharing</u> may apply. For example, this <u>Plan</u> covers certain <u>Preventive Services</u> without <u>Cost Sharing</u> and before you meet your <u>Deductible</u> . See a list of covered <u>Preventive Services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other Deductibles for specific services?	No. There are no other specific <u>Deductibles</u> .	You don't have to meet <u>Deductibles</u> for specific services.
What is the Out-of-pocket Limit for this Plan?	For In-Network Provider \$2,500 person /\$5,000 family, For Out-of-Network Provider \$4,000 person /\$8,000 family For Prescription Drugs \$3,000 person/\$6,000 family	The <u>Out-of-pocket Limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>Plan</u> , they have to meet their own <u>Out-of-pocket Limits</u> until the overall family <u>Out-of-pocket Limit</u> has been met.
What is not included in the Out-of-pocket Limit?	Contributions, <u>Balance-Billing</u> charges and health care this <u>Plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>Out-of-pocket Limit</u> .
Will you pay less if you use a Network Provider?	Yes. See <u>www.bcidaho.com</u> or call 1-800-627-1188 for a list of <u>Network</u> Providers.	You pay the least if you use a <u>Provider</u> on the ChoiceDocs <u>In-Network Provider</u> list. You pay more if you use all other <u>Providers</u> on the <u>In-Network Provider</u> list. You will pay the most if you use an <u>Out-of-Network Provider</u> , and you might receive a bill from a <u>Provider</u> for the difference between the <u>Provider</u> s charge and what your <u>Plan</u> pays (<u>Balance Billing</u>). Be aware your <u>Network Provider</u> might use an <u>Out-of-Network Provider</u> for some services (such as lab work). Check with your <u>Provider</u> before you get services.
Do you need a Referral to see a Specialist?	No.	You can see the <u>Specialist</u> you choose without a <u>Referral</u> .

Questions: Call 1-800-627-1188 or visit us at www.bcidaho.com/SBC.



All <u>copayments</u> and <u>cost sharing</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You	ı Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	ChoiceDocs = \$0 <u>Copay</u> /visit; All other <u>In-Network</u> = \$20 <u>Copay</u> /visit, <u>Deductible</u> does not apply	40% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Copay</u> does not apply to additional services. <u>Cost Sharing</u> may not apply for pediatric physician office visit.	
	<u>Specialist</u> visit	ChoiceDocs = \$20 <u>Copay</u> /visit; All other <u>In-Network</u> = \$40 <u>Copay</u> /visit, <u>Deductible</u> does not apply	40% <u>Cost Sharing</u> after <u>Deductible</u>	Copay does not apply to additional services. Cost Sharing may not apply for pediatric physician office visit.	
	Preventive Care/Screening/immunization	No charge for listed preventive, <u>Screening</u> and immunization services. <u>Deductible</u> does not apply.	No charge for listed immunizations, 40% Cost Sharing after Deductible for preventive and Screening.	You may have to pay for services that aren't preventive. Ask your Provider if the services needed are preventive. Then check what your Plan will pay for.	
If you have a test	<u>Diagnostic Test</u> (x-ray, blood work)	No charge up to a combined \$100, then 20% Cost Sharing after Deductible	40% <u>Cost Sharing</u> after <u>Deductible</u>	none	
	Imaging (CT/PET scans, MRIs)	No charge up to a combined \$100, then 20% Cost Sharing after Deductible	40% <u>Cost Sharing</u> after <u>Deductible</u>	Preauthorization required.	

		What You	u Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need drugs to treat your illness or condition	Generic drugs	Preferred=\$10 <u>Copay</u> /prescription Non-preferred=\$20 <u>Copay</u> /prescription (retail and mail order)	Preferred=\$10 Copay/prescription Non-preferred=\$20 Copay/prescription (retail and mail order)	Covers up to a 90 day supply with multiple <u>Copays</u> . Additional <u>Out-of-Network</u> charges may apply.	
about prescription drug coverage is available at	Preferred brand drugs	\$30 <u>Copay</u> /prescription (retail and mail order)	\$30 <u>Copay</u> /prescription (retail and mail order)	Covers up to a 90 day supply with multiple <u>Copays</u> . Additional <u>Out-of-Network</u> charges may apply.	
www.bcidaho.com	Non-preferred brand drugs	\$50 <u>Copay</u> /prescription (retail and mail order)	\$50 <u>Copay</u> /prescription (retail and mail order)	Covers up to a 90 day supply with multiple <u>Copays</u> . Additional <u>Out-of-Network</u> charges may apply.	
	Specialty Drugs	Preferred=20% <u>Cost</u> <u>Sharing</u> Non-preferred=30% <u>Cost</u> <u>Sharing</u> (retail and mail order)	Preferred=20% <u>Cost</u> <u>Sharing</u> Non-preferred=30% <u>Cost</u> <u>Sharing</u> (retail and mail order)	Coverage may include limitations and <u>Preauthorization</u> may be required. Additional <u>Out-of-Network</u> charges may apply.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	Preauthorization required.	
	Physician/surgeon fees	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	Preauthorization required.	
If you need immediate medical attention	Emergency Room Care	\$100 <u>Copay</u> /visit, 20% <u>Cost Sharing</u> after <u>Deductible</u>	\$100 <u>Copay</u> /visit, 40% <u>Cost Sharing</u> after <u>Deductible</u>	Out-of-Network services paid at In-Network if Emergency Medical Condition. Copay waived if admitted.	
	Emergency Medical Transportation	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	none	
	<u>Urgent Care</u>	\$40 <u>Copay</u> /visit, <u>Deductible</u> does not apply	40% <u>Cost Sharing</u> after <u>Deductible</u>	Copay does not apply to additional services. Cost Sharing may not apply for pediatric physician office visit.	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	Preauthorization required.	
	Physician/surgeon fee	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	Preauthorization required.	

		What You	u Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have mental health, behavioral health, or substance abuse services	Outpatient services	No charge for office visit, Deductible does not apply; 20% Coinsurance after Deductible for facility and other services	40% <u>Cost Sharing</u> after <u>Deductible</u>	Cost Sharing may not apply for pediatric outpatient psychotherapy. Contact BPA at 1-800-726-0003 for EAP 1-4 Visits.	
	Inpatient services	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	Preauthorization required.	
If you are pregnant	Office Visits	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	For pregnancy services, <u>Cost Sharing</u> does not apply to certain <u>Preventive Services</u> . Depending on the type of services, a <u>Copay</u> , <u>Cost</u> <u>Sharing</u> or <u>Deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery professional services	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	none	
	Childbirth/delivery facility services	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	none	
If you need help recovering or have	Home Health Care	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	Preauthorization required.	
other special health needs	ReHabilitation Services	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	Coverage is limited to 20 visit annual max for outpatient physical, speech and occupational; 36 visit annual max for outpatient cardiac rehabilitation.	
	Habilitation Services	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	Coverage is limited to 20 visit annual max for outpatient physical, speech and occupational.	
	Skilled Nursing Care	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	Coverage is limited to 30 day annual max.	
	<u>Durable Medical Equipment</u>	20% <u>Cost Sharing</u> after <u>Deductible</u>	40% <u>Cost Sharing</u> after <u>Deductible</u>	Preauthorization required.	
	Hospice Services	No charge. <u>Deductible</u> does not apply.	40% <u>Cost Sharing</u> after <u>Deductible</u>	none	

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If your child needs	Children's eye exam	Not covered	Not covered	none
dental or eye care	Children's glasses	Not covered	Not covered	none
	Children's dental check-up	Not covered	Not covered	none

Excluded Services & Other Covered Services:

Services	Your <u>Plan</u> Gene	rally Does NOT Cover	(Check your policy	or <u>plan</u> document for	or more information	and a list of other e	xcluded
services.)							

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)
- Dental check-up (Child)
- Eye exam (Child)
- Glasses (Child)
- Hearing aids
- Infertility treatment
- Long-term care
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care
- Non-emergency care when traveling outside the U.S.

Questions: Call 1-800-627-1188 or visit us at www.bcidaho.com/SBC.

Your Rights to Continue Coverage:

** Group health coverage -

There are agencies that can help if you want to continue coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-4444-EBSA(3272) or www.dol.gov/ebsa/healthreform or the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance through Your Health Idaho. For more information about Your Health Iadho, visit www.YourHealthIdaho.org or call 1-855-944-3246.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information. To submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

For any inital questions concerning a claim, or to appeal a claim or benefit decision, please contact Customer Service at 1-208-331-7347 Or 1-800-627-1188, www.bcidaho.com or at P.O. Box 7408, Boise, ID 83707.

If your plan is subject to ERISA, you may contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA or www.dol.gov/ebsa/healthreform.

If your plan Is fully insured or self-funded and subject to the Idaho Insurance Code, you may also receive assistance from the Idaho Department of Insurance at 1-800-721-3272 or www.DOI.Idaho.gov

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have <u>Minimum Essential Coverage</u> for a month, you will have to make payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for the month.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>cost sharing</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

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(9 months of in-network pre-natal care and a hospital delivery)

hospital delivery)	
■ The <u>plan's</u> overall <u>deductible</u>	\$1,000
■ Specialist copay	\$40
■ Hospital (facility) cost sharing	20%
■ Other cost sharing	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,731
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In this example, Peg would pay:

Cost Sharing		
Deductible	\$1,000	
Copayments	\$40	
cost sharing	\$1,5 00	
What isn't Covered		
Limits or exclusions	\$ 60	
The total Peg would pay is	\$2,600	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

controlled condition)	
■ The plan's overall deductible	\$1,000
■ Specialist copay	\$40
■ Hospital (facility) cost sharing	20%
■ Other cost sharing	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost \$7,389

In this example, Joe would pay:

Cost Sharing			
Deductible	\$130		
Copayments	\$1,450		
cost sharing	\$0		
What isn't Covered			
Limits or exclusions	\$55		
The total Joe would pay is	\$1,635		

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

cure)	
■ The <u>plan's</u> overall <u>deductible</u>	\$1,000
■ Specialist copay	\$40
■ Hospital (facility) cost sharing	20%
■ Other cost sharing	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost			\$1,930

In this example, Mia would pay:

Cost Sharing			
Deductible*	\$1,220		
Copayments	\$180		
cost sharing	\$0		
What isn't Covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$1,400		

*Note: This <u>plan</u> has other <u>deductibles</u> for specific services included in this coverage example. See "Are there other <u>deductibles</u> for specific services?" row above.

Nondiscrimination Statement: Discrimination is Against the Law

Blue Cross of Idaho complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Blue Cross of Idaho does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

Blue Cross of Idaho:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - O Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - o Information written in other languages

If you need these services, contact Blue Cross of Idaho's Customer Service Department. Call 1-800-627-1188 (TTY: 1-800-377-1363), or call the customer service phone number on the back of your card.

If you believe that Blue Cross of Idaho has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with Blue Cross of Idaho's Grievances and Appeals Department at:

Manager, Grievances and Appeals
3000 East Pine Avenue, Meridian, Idaho 83642
Telephone: (800) 274-4018 ext.3838, Fax: (208) 331-7493
Email: grievances&appeals@bcidaho.com
TTY: 1-800-377-1363

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Grievances and Appeals team is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 1-800-537-7697 (TTY).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html. Reference: https://federalregister.gov/a/2016-11458>

Language Assistance

ATTENTION: If you speak Arabic, Chinese, French, German, Korean, Japanese, Persian (Farsi), Romanian, Russian, Serbo-Croatian, Spanish, Sudanic Fulfulde, Tagalog, Ukrainian, or Vietnamese, language assistance services, free of charge, are available to you. Call 1-800-627-1188 (ITY: 1-800-377-1363).

Arabic

اهتف الصم والبكم: 1363-377-800-1). ملظوحة: إاذ كنت تتحدت اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1188-627-800-1 (رقم

Chinese 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-627-1188 (TTY: 1-800-377-1363)。

French ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-627-1188 (ATS: 1-800-377-1363).

German ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-627-1188 (TTY: 1-800-377-1363).

Japanese 注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-800-627-1188 (ITY: 1-800-377-1363) まで、お電話にてご連絡ください。

Korean 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-627-1188 (ITTY: 1-800-377-1363)번으로 전화해 주십시오.

Persian-Farsi

فر ا مه مي دشابه با (1363-377-800-1 TTY) 1881-627-200-1 تماس بگير دير توجه: گار به ايزن فارسي گفتگو مي دينك، تسهيلات ي نايز وصبرت اگيارن بريا شما

Romanian ATENŢIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-800-627-1188 (ITY: 1-800-377-1363).

Russian ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-627-1188 (телетайп: 1-800-377-1363).

Serbo-Croatian OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-800-627-1188 (TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 1-800-377-1363).

Spanish ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-627-1188 (ITY: 1-800-377-1363).

Sudanic Fulfulde MAANDO: To a waawi [Adamawa], e woodi ballooji-ma to ekkitaaki wolde caahu. Noddu 1-800-627-1188 (TTY: 1-800-377-1363).

Tagalog PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-627-1188 (TTY: 1-800-377-1363).

Ukrainian УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-627-1188 (телетайп: 1-800-377-1363).

Vietnamese CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-627-1188 (TTY: 1-800-377-1363).